

Let It Go and It Will Flow

Consider the ideas presented in Sunday's message (or listen to it here).

Concepts to Consider

As we considered on Sunday, there is a *mighty, mighty* Flow of Life—an Unlimited Creative Force; a Universal Power for Good—that is everywhere, all the time. This Presence desires expression in, through, and as *all* of creation, including each of us. The question we considered was this: “Even though as Children of God who have free will and the ability to limit our creative power and our experience of the Kingdom of Heaven, why *on earth* would we want to?”

The “good pleasure” of the Kingdom has already been given to us by our Creator, and simply awaits our openness in mind and heart so that It is free to flow into our individual life experience. Our thoughts cannot create what God has not, but they do provide the “ways and means,” or “forms and molds,” through which the Universal Creative Power for Good uniquely flows *as us*. When our mind is attuned to our Oneness with the Source of Life, we *naturally* entertain beautiful, life-enriching thoughts that allow the Creative Presence to flow *uniquely* into our life experience. But, if we persist in focusing our mind on a life separate from Source, and entertain thoughts of neediness, even though the Creative Power is Unlimited by Nature, the “shapes and forms” of lack and limitation constrict and narrow our experience of Abundant Good in our life. It is *always* there, but *we* must become aware!

What thoughts do you entertain in your mind on a day-to-day basis? You may not be aware of “what” you are thinking, but you can see the “results” of your thoughts as the condition of your life—as your body, relationships, finances, and activities. Write down what you would like to change in your life. Allow the following meditation to help you make more beautiful and expansive thought forms.

Meditation: Sit quietly with your eyes closed...breathe slowly, in and out...as you allow your thoughts to become as still as possible without effort (allow as much time as needed)...you have been given free will...because you are made in the image and likeness of God...and have been created *by* the Will of God...you exist centered *always* in Creative Power...you did not will it so...yet it *is so*...you live, move, and have your being *forever* in the Perfection of Spirit... your creative power lies not in your ability to create what God would not and did not...but in your ability to be conscious...moment-to-moment...of the Magnificent Creative Force that is *for you...knows you...*and desires to express *as you*...your free will within the Consciousness of the All Good *is* God's will...and your life flows on earth, as in Heaven, with your Father's *Good Pleasure*...