

Having Your Cake and Eating It Too!

Consider the ideas presented in Sunday's message (or listen to it here).

Concepts to Consider

On Sunday we considered these questions: From what I've learned from New Thought teachings, and from what I've heard these past four Sundays, 1) "Do I believe that Spiritual Prosperity is about my seeking, through prayer and/or mental focus on a particular thing, to attract *things* to my self that will make me happier and more comfortable?" 2) Do I believe that achieving prosperity in this world reflects my spiritual growth?" Or, 3) "Do I believe that true spirituality means living a simple life with few material possessions?" And, 4) "Do I believe that a lack of prosperity in this world reflects my deeper spirituality?"

If the "answers" to these questions didn't come to mind on Sunday, and even if "an answer" came to you, take some time now to consider what you believe Spiritual Prosperity is...and what It means to you.

We also considered on Sunday that *Spiritual Prosperity* cannot be measured by either an abundance of *things* or a lack of *things* because both are measurements of the material world. Spiritual Prosperity, on the other hand, is measured by the fullness of Joy in our mind and heart. Take a moment to consider Joy in your life...where It shows up, and where you'd like to experience It more.

Unity co-founder, Myrtle Fillmore, wrote: *All your happiness, all your health and power, come from God and flow in an unbroken stream into the very center of your being and radiate from center to circumference.* Consider her words as you go into Meditation.

Meditation: Sit quietly with your eyes closed...breathe slowly, in and out...as you allow your thoughts to become as still as possible without effort (allow as much time as needed)...with every breath...imagine that you are moving deeper...into your center...that sacred space within...where all your happiness...all your health...all your power...all your peace...and your gifts...flow from God...in an unbroken...and *forever* unbreakable...stream...let this stream of Life...Truth...Love...Reality...fill you within...let It fill your mind...and your heart...as a continuous stream of Light...until you are filled with a radiance that cannot be contained...allow this Gift of Light to speak to you...share Its gifts with you...gifts created especially for you...let your gifts from God radiate...as One beautiful Light...from fullness of your center to the *circumference* of the room...let It radiate from your center beyond the room to the *circumference* of your community...and let It radiate from your center...around the *circumference* of the world...and on...and on...God's center is everywhere...God's circumference is *nowhere*...there is no limit to you...you are the Son of God...

In *A Course in Miracles* we read: “God, Who encompasses all being, created beings who have everything individually, but who want to share it to increase their joy. Nothing real can be increased except by sharing.” Each day turn within for your *Daily Bread*, the gift of the Spirit at the center of your being. And, then each day share the gifts freely that you have been given freely from Spirit.